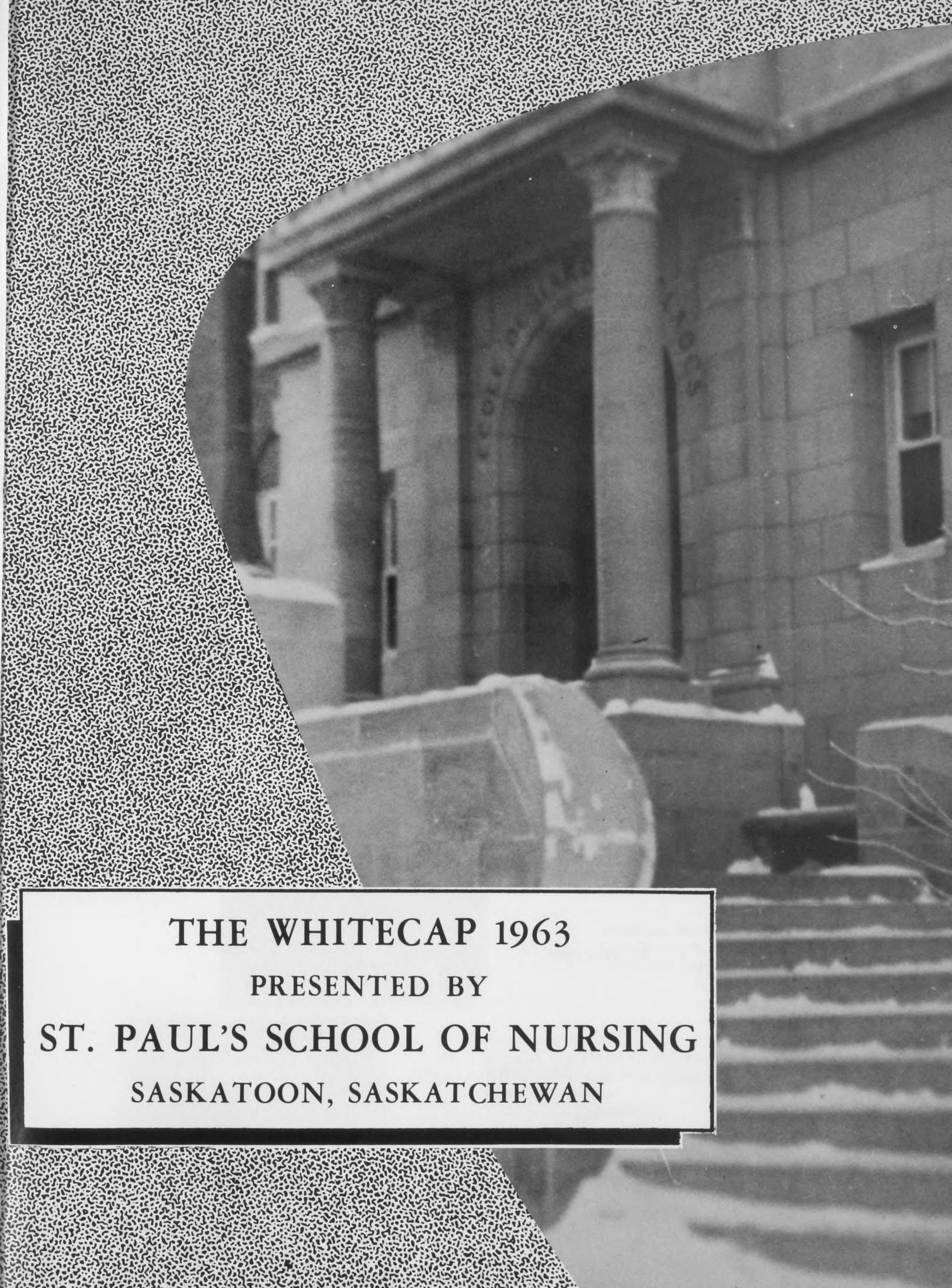




THE WHITECAP 1963

*"Guide thou my hands, that even their touch may prove
The gentleness and aptness born of love"*





THE WHITECAP 1963
PRESENTED BY
ST. PAUL'S SCHOOL OF NURSING
SASKATOON, SASKATCHEWAN

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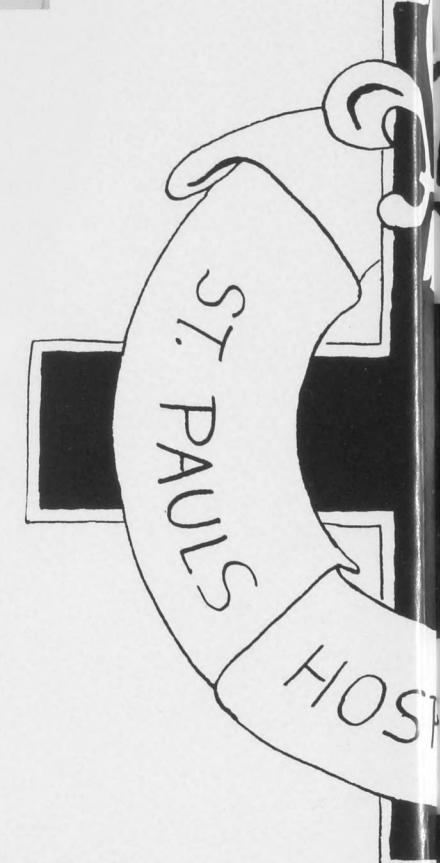


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1962-63 SCHOOL CALENDAR



SEPTEMBER

Beginning of School year
Welcome Party
Sports-softball
Whitecap Dance



OCTOBER

Retreat
Pumpkin's Paradise Dance

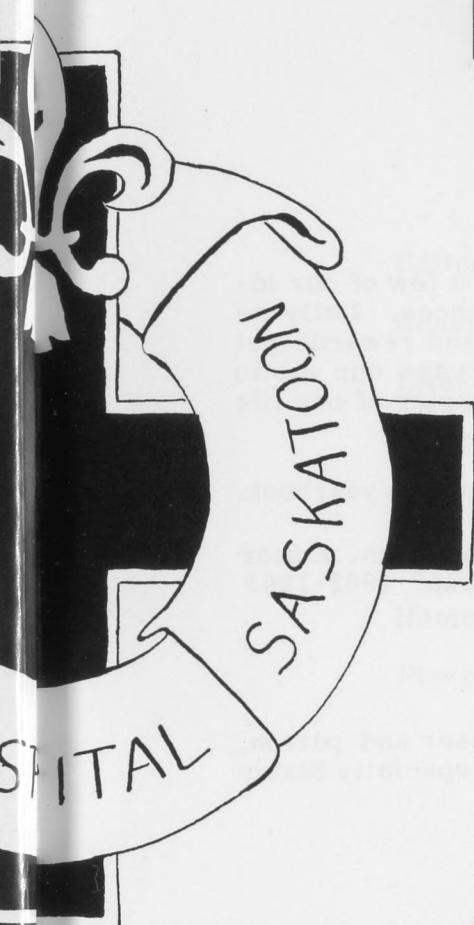


NOVEMBER St. Cecelia Concert



DECEMBER

Advent observation
Christmas Concert
Caroling



JANUARY

Garnet and
Gold
Formal
Coronation of
Queen



FEBRUARY

Capping
Halfway
Pinning
Feb. class
leave
Mardi Gras
Dance



MARCH

Student Body
Meeting
Campaigning &
Elections



APRIL

Fashion Show
Car Wash & Gas Day
Pancake Supper



MAY

Graduation
Farewell party for Sister Quintal
Procession and crowning of our
Blessed Mother
S. S. N. A. Convention



JUNE

Senior Review
Softball season starts

WHITECAP EDITORIAL STAFF



V. Klukovich

The Whitecap staff have attempted to recapture and record only a few of our innumerable memories which bring to mind many wonderful experiences. Daily we have striven through arduous study, work and play, sharing trials and rewards yet keeping always before us our cherished goal, and remembering always our motto "In minimis perfectio". These recollections compose yet another chapter of our life as a student nurse at St. Paul's.

Let us then recall these golden memories as we turn the pages of our yearbook.

Veronica Klukovich, Editor
"The Whitecap" 1962-1963

Acknowledgment

The yearbook staff extend sincere appreciation to each advertiser and patron, for their help in the sponsoring of this yearbook. We wish to thank especially Sister Quintal and Sister Dussault for their unfailing guidance and advice.



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SISTER YVONNE PREVOST S. G. M.



SISTER JEANNE QUINTAL S. G. M.

WE, THE STUDENTS OF ST. PAUL'S HOSPITAL SCHOOL OF NURSING

DEDICATE THIS YEARBOOK

WITH LOVE AND GRATITUDE

TO

SISTER YVONNE PREVOST, S. G. M.

OUR SUPERIOR-ADMINISTRATOR

WHO BY HER WARM PERSONALITY,

HER SINCERE INTEREST IN OUR ENDEAVOURS,

AND HER INDOMITABLE COURAGE IN NEGOTIATION FOR THE NEW ST. PAUL'S

HAS WON OUR DEEP ADMIRATION.

TO

SISTER JEANNE QUINTAL, S. G. M.

OUR DEAR DIRECTOR

WHO HAS ALWAYS SHOWN TO US STEADFAST DEVOTION,

PATIENCE AND UNDERSTANDING

IN HER ROLE OF GUIDE AND TEACHER.

SHE TAUGHT NOT ONLY BY PRECEPT

BUT MOST CERTAINLY BY EXAMPLE.

MAY THE IDEALS SHE HAS PROPOSED TO US

BE OUR GUIDING LIGHT THROUGH LIFE.

BECAUSE OF THEIR UNSELFISH DEVOTION FOR OUR WELFARE

THESE TWO SISTERS HAVE BECOME TO US LIVING MODELS OF TRUE CHRISTIANS.



IN MEMORIUM

"There is an open Gate at the end of the road
Through which each must go alone
And there is a light we cannot see
Our Father claims His own
Beyond the Gate this loved one
Finds happiness and rest
And there is comfort in the thought
That a loving God knows best."

Dr. Kershaw will long be remembered as a
faithful teacher
To his memory our highest tribute.



BISHOP'S MESSAGE

The life that breathes in man the unknown is one of the most challenging mysteries in all the field of human knowledge. Beginning in such a tiny, hidden, and secret manner; forming itself so slowly and so delicately but yet so wondrously: in the darkness of the womb the infinite wisdom and power of God are at work and the hour comes when an entirely new human being, silently parting the curtains of maternity, enters with purpose upon the stage of this life with a destiny that will be known and sealed only in the forever of eternity. Whether he be little or great, strong or weak, rich or poor, wise or foolish, the world can never be precisely the same because of him, for in some way he will change it and he will profoundly affect the lives of those around him.

And as this new life traces its trajectory across the cosmic face of space and time, the years will reveal the utter depth and the imponderable richness of that life that began so very quietly in unsearchable obscurity. That life will come to know joy and sorrow, it will know the noble triumph of moments of genuine happiness, it will know the stark desolation of grief and abandonment; understanding will be in that mind, and music will be born in that heart, thoughts will come forth from it which may lead the world, and purposes may be conceived there that will change the face of the earth. Human life cannot be treated lightly, nor may any human being be despised. Somehow in the secrecy of the maternal cavern the shutters of the divine camera open momentarily and close, and a photograph is taken of God, for "in the day that God created man, He made him to the likeness of God." (Gen. V) And coming forth in the clothing of human flesh, that divine picture, that immortal human life, must find its way back to Him Who etched it in the womb.

To have an intimate share in the care of such a life is the career that you have chosen. To soothe that life in its pain, to comfort it in apprehension, to nurse it in weakness, to ease its strictures in agony, to encourage it in despair, to inspire it in apathy, to sympathize with it in loneliness, to gently set it free from the prison of selfishness in sickness, to prevent its diseases, to ward off its dangers, and perchance even to save it from death, - there is the work of your life.

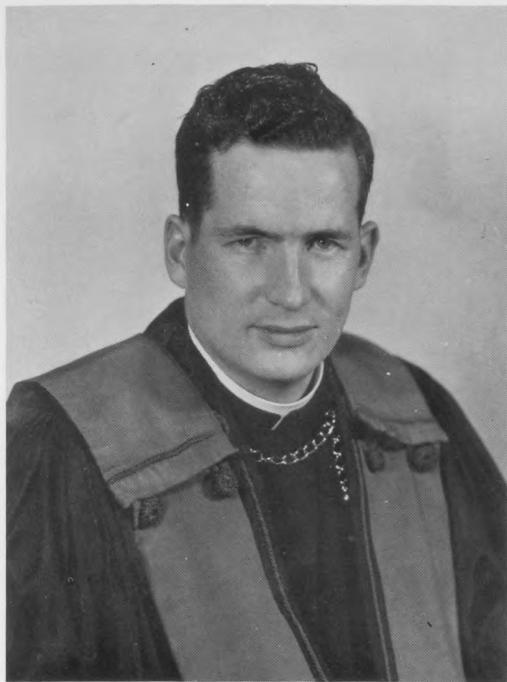
And therein lies the honour too that attends upon your profession. For you are to be accredited assistants to those of whom the Holy Spirit of God spoke when He tells us in Sacred Writ: "Honour the physician for the need thou hast of him: for the Most High hath created him. For all healing is from God: and he shall receive gifts of the king. The skill of the physician shall lift up his head: and in the sight of great men he shall be praised. The Most High hath created medicines out of the earth and a wise man will not abhor them. The power of these things is come to the knowledge of men: and the Most High hath given knowledge to men that He may be honoured in His wonders." Eccl. XXXVIII.

Yours is a grave and a high profession in life. People esteem you. Beneath the professional cap and behind the purity of the starched white and within the folds of the immaculate hands they see the knowledge and the skill and the courage and the uprightness and the trustworthiness of the graduate nurse. You enjoy a position of honour in our communities. You are entitled to it. Nothing worthwhile is gained without effort, and you know that nothing worthwhile is kept without vigilance and struggle. How very important it is, then, to walk worthy of your calling.

It is with joy, and great joy, that we congratulate you all on the successful completion of your arduous training and we share deeply with you the happiness of this great day of your graduation. May Almighty God favour your careers and bless all your labours, and through them bring you back to Himself, for Whom you were made.

Sincerely in Christ,

F. J. Klein
Bishop of Saskatoon.



Messages in yearbooks never really grow old. That is why I am happy to be able to contribute to your yearbook this year. In the years to come when occasionally you glance back through its pages, remember besides the lighter moments of your nurses' training, the true and deeper values that you took with you from St. Paul's.

From a book which I have been recently reading, I would like to pass on a thought... a thought on WHY you came, WHY you stayed and WHY you now leave. I would like to think that your motive WAS and ALWAYS WILL BE LOVE.

"Love is the force that inclines man to seek God above all other things. Love is a dedication and a consecration, a total giving of self to another. Love is the most powerful force in man's life because he subordinates all his other activity to the demands of love. All his activity is dictated by love...."

Can you put too much emphasis on the virtue of love? Can we ignore the other virtues-prudence, justice, temperance, fortitude? Such virtues all have their place in the life of the Christian, but they are not the most important. Their purpose is to regulate and control a particular appetite or tendency of man. Love, however, inclines man to his ultimate end! Love must direct all the other virtues and their actions to man's

ultimate end. Love is the guiding force of all man's actions.

These thoughts should be meaningful all through life, don't you think?

Sincerely in Christ,
Rev. Robert J. Ogle.

Our lives are filled with memories of the things we knew and loved in times past. When we leave home we remember all the nice things, the comfortable furniture, the warmth and the love of it all. Then we move on. When we go away, nostalgia again grips us.

This year everyone at St. Paul's are doing a bit of looking over the shoulders. There are so many familiar things that will soon be removed from our gaze and our lives and our experience. The old St. Paul's will have passed into the limbo of things not to be forgotten but remembered with an increasing aura of sadness as time goes on.

To the graduates of this and subsequent years I would like to point out that you are following into a notable band. You can look back and see the long, long procession of graduates, going away back into the dim years before you were born. All these fine people were stamped with the seal of St. Paul's excellence.

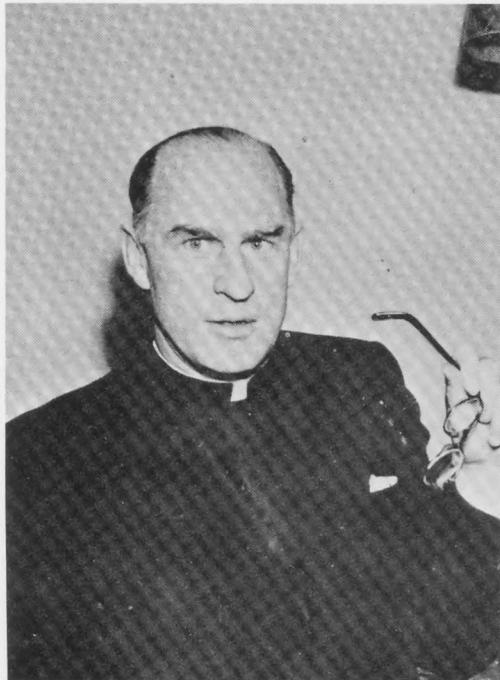
The graduates of 1963 will be unique in that you will share something of a fellowship with the first class of graduates so many years ago. You are the last of a fine breed.

Your day of graduation is your shining hour. Graduation is only a stepping stone to real greatness, the service of suffering humanity. The unending incence of

dedication must arise from your own personal altar of sacrifice on behalf of those who suffer. While you look ahead - pause for a moment. Look back. To all the students I say "look back" for this is a time of remembering for you are the bridge between the old St. Paul's that has served this community for well over half a century and the new St. Paul's that will carry on the tasks so well done since shortly after the turn of the century.

May God Bless you in the life you have chosen. May your courage and dedication blend the old and the new into an indestructible tapestry of greatness.

Rev. Thomas P. Coyne, C. SsR.



Dear Graduates of 1963

Congratulations to each and everyone of you! After three years you are taking along with you, not only the study and the clinical experience you received during this period, but also the spirit, the mind, the heart and soul of a nurse, which we have tried to instill into you here at St. Paul's.

You shared the great concern we all felt when we were threatened with the close of our hospital. Now that the dark clouds have been dispersed, and as we view the impressive structure going up, we are deeply moved, and words are inadequate to thank Almighty God for the assistance He gave us in order to enable us to achieve our earnest desire: A better institution to take care of the suffering members of the Mystical Body of Christ.

Upon entering into our new building we count on each and everyone of you to help us bring into it, the same spirit of good-will and co-operation, the same christian ideals and high moral standards we know to be synonymous with St. Paul's Hospital.

Best wishes for many happy years in your chosen profession. Your great charity, devotedness and dedication to the suffering humanity will be a source of satisfaction to you, to those entrusted to your care and to the institution in which you will be working.

May our dear Lord and His Blessed Mother watch over you and guide you always in your field of endeavour.

SISTER YVONNE PREVOST, S. G. M.
SUPERIOR - ADMINISTRATOR.

My dear Graduates of 1963

It is with just pride and sincere affection that I congratulate you upon the completion of your nursing course!

During the past three years your instructors and supervisors have conscientiously and devotedly contributed their knowledge and talents to sufficiently ground you in the nursing profession. I trust that society will now receive you and recognize in you a GOOD SAMARITAN, a true image of christian womanhood.

Do not wait! Now is the time for positive action! We are at a turning point in history. We are in a period of great social change. You will have an important part in directing this change. Therefore, always be mindful of the admonition of St. Paul, "...one thing I do, forgetting those things which are behind, and reaching forth into those things which are above, I press toward the mark for the prize of the high calling of God in Jesus-Christ." Phil., 3:12, 14.

May the great Apostle, St. Paul, inspire all your activities, personal and communal, and render them fruitful in your service to humanity.

Sister Jeanne Quintal, S. G. M.,
Director, School of Nursing.



I extend to you my heartiest congratulations upon your graduation and wish you continued success.

Enormous changes, tremendous challenges, and wonderful prospects are ahead of you. Along with learning the delicate skills of your profession, your training has afforded exceptional opportunities for better human understanding. Let this be your guide and face the future with confidence.

D. M. Baltzan, M. D., F. R. C. P. (C)
CHIEF OF STAFF



Sincere congratulations to all of you.

During the past three years it has been the privilege of the Medical Staff of St. Paul's Hospital to share in your instruction. We have followed your progress with interest and now you are approaching graduation day.

In the years to come you will look back on your student days at St. Paul's School of Nursing. You will remember the inspiration of your nursing instructors, and different phases of your hard work, and the true happiness of caring for the sick.

You will remember, too, the friendships made with your fellow students-through living, working, and playing together.

We know you will never forget the Grey Nuns who have done so much to prepare you for your future as members of the Nursing profession.

On behalf of the Medical Staff of St. Paul's Hospital, I wish you every success in the years to come.



J. E. Leddy, M. D., F. R. C. S. (C)
PRESIDENT OF THE MEDICAL STAFF

FACULTY



Sr. Dussault
Education Director



Miss Mackenzie
Nursing Arts
Instructor



Mrs. Arner
Instructor



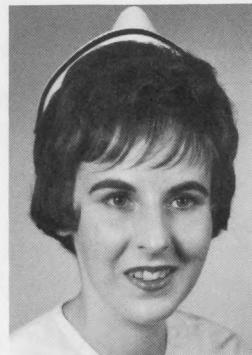
Mrs. Dahlem
Instructor



Miss Woloschuk
Science Instructor



Miss Boulanger
Health Nurse



Miss Sherwood
Surgical-Nursing
Instructor



Miss Mrazek
Medical-Nursing
Instructor



Miss Marchildon
Urological-Nursing
Instructor

"If we work upon marble it will perish. If we work upon brass time will efface it. If we rear temples they will crumble to dust. But if we work upon men's immortal minds, if we imbue them with high principles, with the just fear of God and love of their fellowmen, we engrave on those tablets something which no time can efface and will brighten and brighten to all eternity."

Daniel Webster,
Speech in Faneuil Hall.



Mrs. Lenz
Operating-Room-Nursing
Instructor



Miss Passler
Pediatric-Nursing
Instructor



Miss Raiche
Emergency-Nursing
Instructor



Mrs. Shirley
Obstetrical-Nursing
Instructor



Miss Kinnear
Dietetics
Instructor

CONGRATULATIONS FROM THE MEDICAL STAFF



Dr. Campbell	Dr. Wolan	Dr. Wait
Dr. Kost	Dr. Magnuson	Dr. Sommerville
Dr. Worobetz	Dr. Schulman	Dr. Genereux
Dr. Slobodzian	Dr. Alms	Dr. Fogel
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Dr. Upthegrove	Dr. Hart	Dr. Leddy
Dr. Buckwold	Dr. Jen	Drs. Fernet & Bernbaun
Dr. Smith-Windsor	Dr. Rosher	Dr. MacDonald
Dr. Emson	Brook Medical Group	Dr. Dalgleish

GRADUATES

I SOLEMNLY PLEDGE MYSELF BEFORE GOD AND IN THE PRESENCE OF THIS ASSEMBLY TO PASS MY LIFE IN PURITY AND TO PRACTICE MY PROFESSION FAITHFULLY.

WHATEVER IS

AND MISCHIE-

NOT TAKE

ADMINISTER

DRUG. I WILL

POWER TO ELEVATE

OF MY PROFESSION

CONFIDENCE ALL

COMMITTED TO

AND ALL FAMILY AFFAIRS COMING TO MY KNOWLEDGE IN THE PRACTICE OF MY CALLING. WITH LOYALITY WILL I ENDEAVOR TO AID THE PHYSICIAN IN HIS WORK AND DEVOTE MYSELF TO THE WELFARE OF THOSE COMMITTED TO MY CARE.

I WILL ABSTAIN FROM

DELETERIOUS

VOUS AND WILL

OR KNOWINGLY

ANY HARMFUL

DO ALL IN MY

THE STANDARDS

AND WILL HOLD IN

PERSONAL MATTERS

MY KEEPING



LORNA ZIMMER

"All that we send into the lives of others,
Comes back into our own."

Handel, Sask.

MARIE MC GRANE

"It is the little people strong as steel,
That keep this world on an even keel".

Elrose, Sask.

VIVIAN SAWATSKY

"Her aim is high, her smile is wide,
A heart so true lies deep inside".

Saskatoon, Sask.

GERTRUDE SCHELLENBERG

"Her laugh would gladden any heart,
So gay and free".

Aberdeen, Sask.



ELEANOR BELITSKI

"Success is achieved through patience and perseverance".

Canora, Sask.

JAQUELINE KELLY

"What is the worth of anything
But for the happiness it will bring".

Moose Jaw, Sask.



PATRICIA LILLEMO

"There is nothing so great that I fear to do it
for a friend;
Nothing so small that I will disdain for HIM".

Elbow, Sask.

RETA WATTON

"Kindness is the golden chain by which society
is bound together."

Saskatoon, Sask.

JOANNE O'SULLIVAN

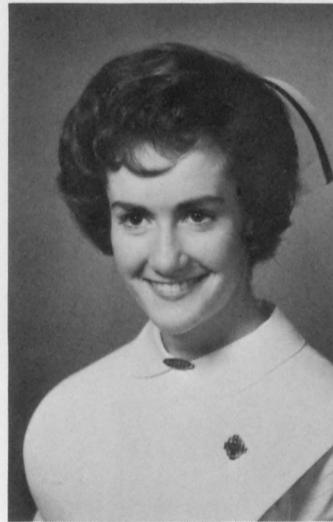
"She will meet with success,
Unexpected in common hours"

Wilkie, Sask.

MAXINE MC CONNELL

"Sweat are the thoughts that savor of content.
The quiet mind is richer than a crown"

Dodsland, Sask.



JEAN CALLAGHAN

"A little nonsense now and then,
Is relished by the best of men "

Meacham, Sask.

DONNA MAC LEAN

"Noble deeds that are concealed are most
esteemed"

Plenty, Sask.



ROSSLYN WALKER

"Gold cannot buy vim and vitality.
Coupled with charm and personality"

Saskatoon, Sask.

JUDITH PARSONSON

"Keep the world brightly lit
With the sunbeams of your smile"

North Battleford, Sask.

IMELDA TREMBLAY

"Keep your face always toward the sunshine.
And shadow will fall behind"

Archerwill, Sask.

AUDREY DUNLOP

"You have written with love and kindness,
On the hearts of those about you"

Prongua, Sask.



LEONA HRETZAY

"The rung of the ladder was never meant to rest upon,
But only to hold one's foot long enough to put the
other one somewhat higher".

Saskatoon, Sask.

RAE DEBOICE

"The work of my life is to make business a
pleasure,
And pleasure my business".

Wynyard, Sask.

LUCILLE HASKEWICH

"Charms strike the sight, but merit wins the
soul".

Canora, Sask.

MARGOT FOURNIER

"Has a heart that never hardens,
A spirit that never tires,
And a touch that never hurts".

Vonda, Sask.



THERESA NOWAKOWSKI

"High endeavors are an inward light
That makes the path before her always bright".

Yorkton, Sask.

VERONICA KLUKEVICH

"Far away there in the sunshine are my highest
aspirations.

I may not reach them, but I can look up and see
their beauty, believe in them and try to follow
where they lead".

Saskatoon, Sask.



MYRNA DIRK

"Life holds endless surprises for her,
And a heart that will never grow old".

Bruno, Sask.

KAREN BOWDITCH

"The hand that hath made you fair,
Hath made you kind".

Sylvania, Sask.

SISTER ELAINE MILLS S. M. S.

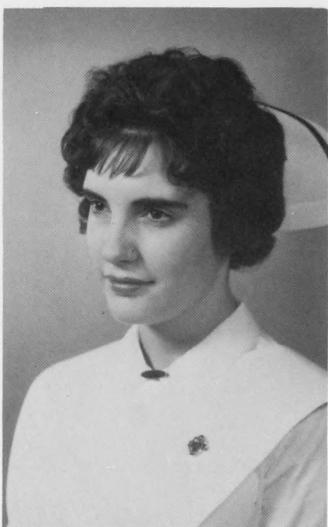
"Her heart is as great as the world, there is not room in it to hold the memory of a wrong."

Saskatoon, Sask.

HAZEL HAMM

"I expect to pass through this world but once. Therefore any good that I can do--Let me do it now."

Rosthern, Sask.



JUDITH MAYNARD

"She started to sing as she tackled the thing. That couldn't be done, and she did it".

Humboldt, Sask.

MARION SMITH-WINDSOR

"You have looked for the best in others And given others the best in you."

Saskatoon, Sask.

MAUREEN COOLICAN

"A quiet voice, a quick smile,

And she has passed by".

Montmartre, Sask.

DAWN PRINGLE

"When a task is once begun. Never leaves it until it's done.

Be the labor great or small, does it well or not at all".

Marshall, Sask.

ODILE VALMONT

"She speaketh not, and yet there lies, A conversation in her eyes".

St. Brieux, Sask.

JEANNETTE MC CULLOUGH

"Her smile is like the sunshine to cheer us everyday.

It lifts the soul to higher grounds, and drives our fear away."

Carrot River, Sask.





ELSIE WOLFE

"It's serving and striving through strain and
stress;
It's doing your noblest - that's Success"

Drake, Sask.

ANN ROGAL

"So does she travel on life's common way,
And yet her heart, the lowliest duties on her-
self does lay"

Meadow Lake, Sask.

ANNA PARROTT

"For nature made her what she is and never
made another"

Saskatoon, Sask.



DIANE KARASIU

"A heart of gold, a manner sweet,
With a dash of merriment made her complete"

Tway, Sask.



LUCILLE LACOURSIERE

"A little word in kindness spoken, a motion or
a tear,
Has often healed the heart that's broken,
And made a friend sincere"

Highgate, Sask.



GWENDOLYN PAQUIN

"Follows not the clamour of the world,
But walks calmly in her own way"

Cudworth, Sask.





MERLA DYCK

"Walk boldly and wisely in the light thou hast,
The hand above will keep thee on"

Osler, Sask.

ELAYNE BLAIS

"And every light is made to shine,
Each in a different way"

Prince George, B. C.

JOYCE WOLSEY

"Dependable and reserved,
Life's gains by her are all deserved"

Saskatoon, Sask.

A NURSE'S PRAYER

I dedicate myself to Thee,
O Lord, my God! This work I undertake
Alone in Thy great name and for Thy sake.
In ministering to suffering I would learn
The sympathy that in Thy heart did burn
For those who on Life's weary way
Unto disease divers are a prey.
Take then mine eyes and teach them to perceive
The ablest way each sick one to relieve.
Guide Thou my hands that e'en their touch may prove
The gentleness and aptness born of love;
Bless Thou my feet, and, while they softly tread,
Many faces smile on many a sufferer's bed.
Lord, sanctify my lips and guide my tongue,
Give me a word in season to each one;
Clothe me in patient strength all tasks to bear;
Crown me with Hope and Love, which know no fear,
And Faith, that, coming face to face with Death,
Shall e'en inspire with joy the dying breath.
All through the arduous day my actions guide,
And 'mid the lonely night watch by my side.
So shall I wake refreshed, with strength to pray:
Work in me, through me, with me, Lord, this day.

Author Unknown

G

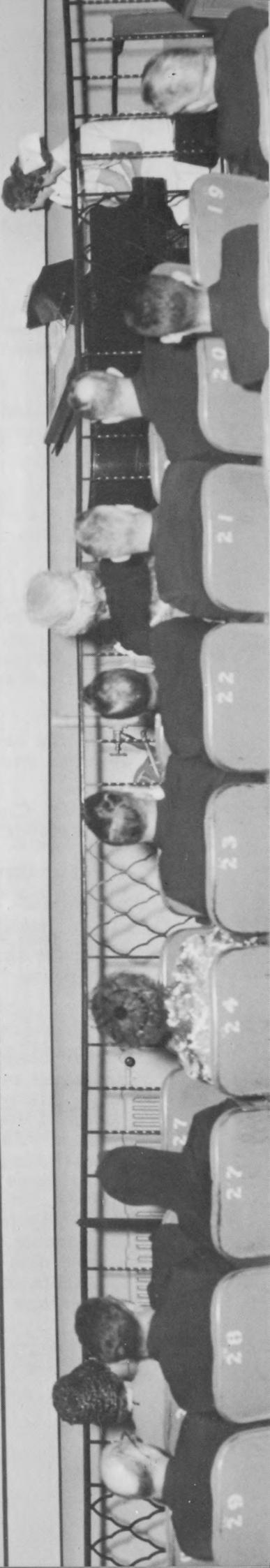
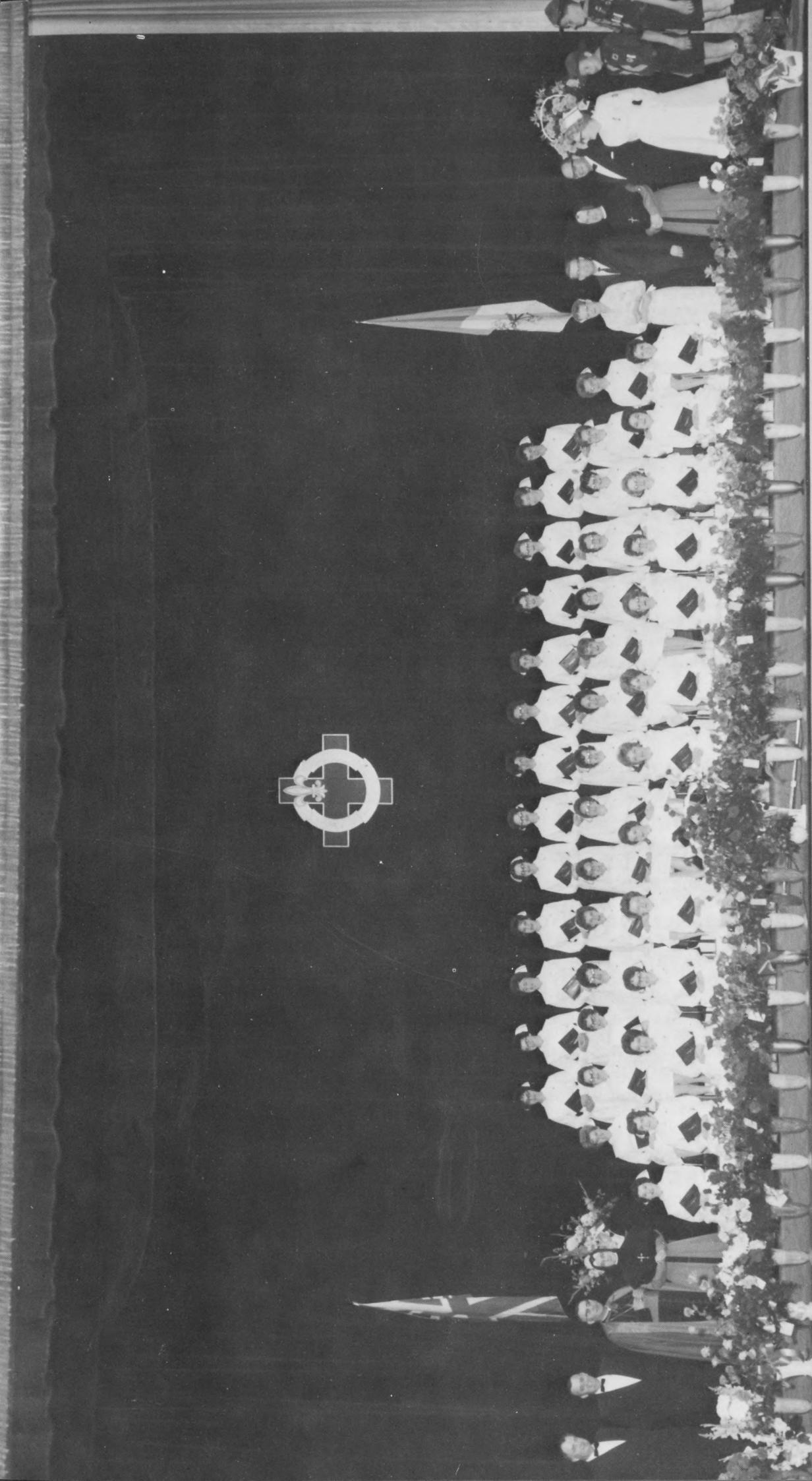
ORD+MAKE ME AN
INSTRUMENT OF THY PEACE

Where there is hatred,
let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.



DIVINE MASTER, grant
that I may not so much seek to be
consoled as to console; to be under-
stood as to understand; to be loved
as to love; for it is in giving that
we receive, it is in pardoning, that
we are pardoned, and it is in dying
that we are born to eternal life.

SAINT FRANCIS OF ASSISI



VALEDICTORY



Mr. Chairman, Your Excellency, Rev. Fathers, Rev. Sisters, Honored Guests, and Friends:

For three years we have looked forward to this - our Graduation. This step brings to a close the first phase of our lives as nurses and marks the beginning of the next. As plans for the opening of the new St. Paul's are being completed, we share with our hospital, the sense of a new beginning - a beginning which we know will have as its foundation, the spirit that has been a part of St. Paul's for over fifty years. It is this spirit that first attracted us, as student nurses to its doors.

As our knowledge and skills have increased during these past three years at St. Paul's, we have become increasingly aware of the Christian principle expressed in our hospital's motto - "omnia vincit caritas" (charity conquers all). Through examples set for us by the Sisters, the Doctors and the Nurses, we have learned to apply this principle in caring for those who are ill. Charity combined with devoted personal attention to the needs of the individual distinguishes graduates of St. Paul's. Each of us assumes a share of the responsibility of all graduates of our school - that of enriching this heritage through actions that exemplify this motto and add to its significance.

Many feelings have grown within us since we began our preparation for this memorable day. They are great and in number and varied in kind. Happy memories mingle with hopeful visions. Great joys are touched by little sorrows. Satisfactions and goals attained add up to lessons learned and hopes fulfilled. These, and other that escape our expression, blend to produce one feeling - that of gratitude.

For three years we have struggled toward our goal - Graduation, but we realize, also, that it is through the efforts of others that we are privileged to be here tonight. Many people have devoted many hours through many years in order that we may take part in this event.

To the Sisters, the Grey Nuns, our gratitude is greater than words can express. You have guided us by your example of dedication - the very essence of our nursing. You have worked for us, and you have prayed for us - and we have become Graduates of St. Paul's.

Reverend Fathers, you too have shared in our training, and we thank you for enriching the moral and spiritual aspects of our lives. Without our religious beliefs, we cannot be nurses in the fullest sense.

Instructors and doctors - you have taught us the basic principles of nursing care. For your patient and persistent efforts to increase our skill and to add to our knowledge we say thank you. In busy lives you have found time to answer small questions and to teach big lessons.

There remain but two - and to you Mom and Dad, we say a very special thank-you that cannot begin to express our true feelings. From the very date of our birth, you have taught us, by word and by action, the importance of giving of ourselves to others. And so, through your teachings we were guided toward our chosen profession. Your endless faith and confidence in our abilities have given us the desire and the courage to become for you, better nurses and better women.

Sisters, Fathers, Instructors, Doctors, Parents - you have given us our nursing. To each and to all, we give our thanks. Achievements that are ours are also yours.

Fellow Students, for three years you have been our close companions. This companionship has enriched the happy hours and brightened the not so happy ones. You have been our fairest critics and our strongest supporters.

All who have contributed to our training, will share with us the satisfaction that we experience tonight. This satisfaction has been aptly expressed by Sir William Osler in an address to members of another graduating class some years ago. May I paraphrase his remarks for you:

"We will be better women for the life which we have lead here. Better, in that the eyes of our souls have been opened, the range of our sympathies widened, and our characters moulded by events in which we have had a part during these past three years.

Useful our lives will be, for we will care for those who cannot care for themselves and who need about them in days of tribulation, trained and gentle hands guided by devoted and tender hearts.

For each of us, there can be a useful and happy life. More we cannot expect; a greater blessing this world cannot bestow."

M. Smith-Windsor.

AWARDS



SISTER ELAINE MILLS - general proficiency medal and the scholarship of Mary's Society of Nurses of St. Paul's School of Nursing.

GWENDOLYN PAQUIN - medal for highest standing in theory and scholarship presented by the medical staff.

AUDREY DUNLOP - medal for Pediatric nursing presented by Dr. A. E. Buckwold.



MARION SMITH-WINDSOR - medal for Obstetrics and Gynecology presented by departments of obstetrics and gynecology.

VERONICA KLUKEVICH - medal for Medical nursing presented by Dr. I. E. Herman.

ELSIE WOLFE - medal for Surgical nursing presented by Dr. S. Worobetz.

MAXINE MC CONNELL - nurses' watch for best Urological nursing care.

ROSSLYN WALKER - medal for best School Spirit presented by Sister Superior.

JEAN CALLAGHAN - gold cross from Rev. Mother M. LaForce.



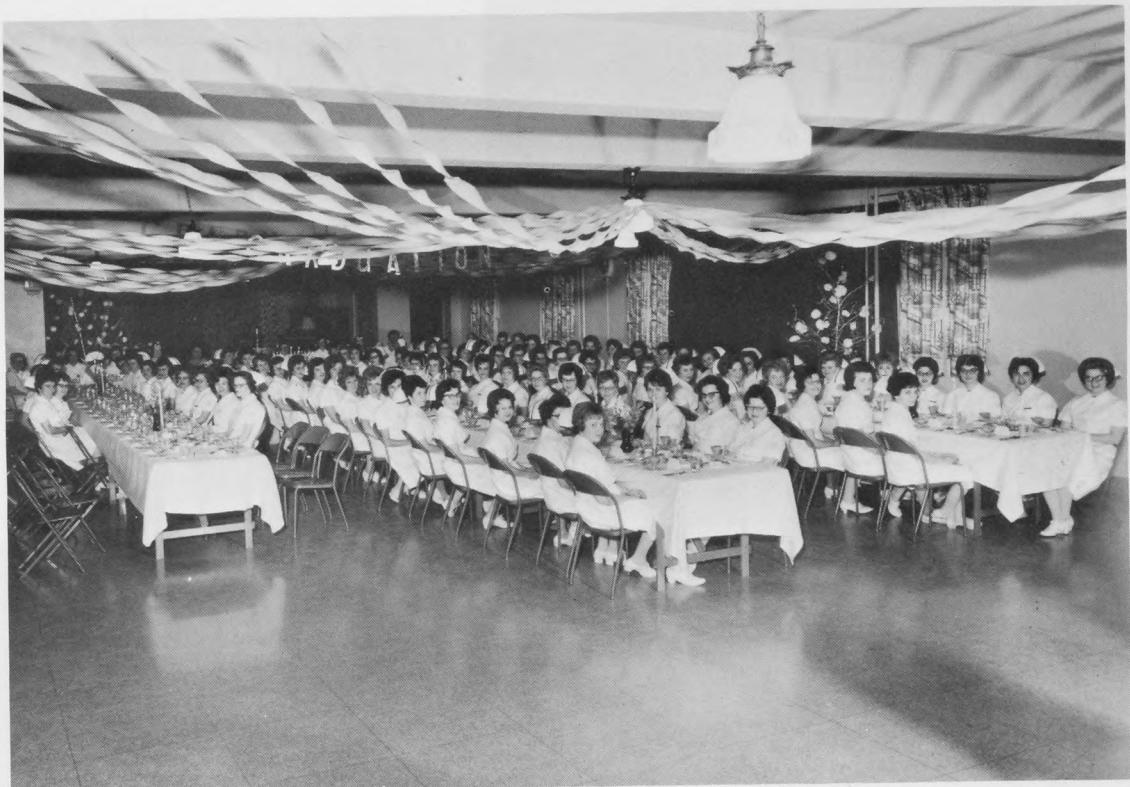
ANNA PARROTT - scholarship presented by St. Paul's Alumni Association.

DAWN PRINGLE - Scholarship presented by St. Paul's Alumni Association.

JUDITH PARSONSON - bursary for operating room technique presented by Dr. J. E. Leddy.



UNDERGRADUATE BANQUET



PARENT-DAUGHTER BANQUET





GRADUATION DAY MAY 5, 1963

ENTERING THE CHURCH



CLASS '63 RECEIVING THEIR PINS

ST. MARY'S CHURCH



GRADUATION MASS

LEAVING THE
CHURCH



ALUMNI NEWS



Miss Dawn Pringle, a recipient of the Alumni Scholarship at the Graduation Exercises.

Congratulations Graduates

from

**ST. PAUL'S SCHOOL OF NURSING
ALUMNI ASSOCIATION**

MOMENTS TO REMEMBER



Come as you wish, but come!



Our banquet in honour of
Mom and Dad.



A glimpse of
the Head Table at Parent-
Daughter banquet.



Our Black Bands! Aren't
they lovely?



Proud Parents



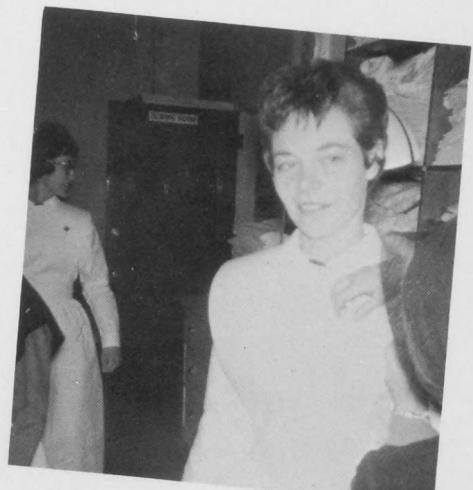
Holy Mass at St. Mary's
Church.



A junior waits and pa-
tiently anticipates.



Les belles prior to our
ball at the Bessborough.



Graduation Uniform at
last.

UNDERGRADUATES

DEAR LORD, I BEGIN MY DAY OF DUTY WITH THE HOPE THAT I SHALL SERVE THEE FAITHFULLY, I HAVE CONSECRATED MYSELF TO THE SERVICE OF THE SICK AND SUFFERING, I HAVE PLEDGED MY LOYALTY AND DEVOTION TO THE NOBLE PRINCIPLES OF MY CALLING. EACH TASK I OFFER WITH THE SINCERE HOPE THAT IT LOVE FOR THEE.

I SHALL DUTY HOWEVER WHEN I COOL THE MOISTEN THE PARCHED THE ACHING BODY - I THAT I BRING COMFORT HELP ME FIND IN PATIENT ANOTHER BY THY INFINITE THAT MY FIND ME ALWAYS KIND, COURTEOUS OF THOSE WHO FACE THE TRIALS OF SICKNESS.



IS PROMPTED BY MY

NOT SHIRK ANY UNPLEASANT.

FEVERED BROW LIPS OR COMFORT SHALL REMEMBER TO THEE.

EVERY SOUL CREATED LOVE. I PRAY CALLING MAY A REAL LADY;

AND CONSIDERATE

BESIDES, I SHALL FIND HOPE IN THE THOUGHT THAT THE MORE PERFECT MY SERVICE THE MORE GENUINE MY SACRIFICE THE MORE I SHALL BE LIKE TO ANOTHER LADY - THE LADY YOU HONORED IN SUCH A STRIKING WAY AS TO CALL HER MOTHER.



DEANNA BELLEGARDE

What more can a girl ask for, looks, personality, and her future on her left hand.



JEANNETTE BLAIS

Used to be a quiet, studious, level-headed girl - she's changed, she's normal now, but still a real sweet kid.

NANCY ARNTSEN

Lucky Lake

Mischief's most competent companion.

VALERIA BEILMAN

Primate

In all things I will do my best, and I leave the rest to God.

Lebert



Bresaylor



JOAN BROWN

Pleasantness will take her far down the road of life.

Shellbrook

GAIL BUSCHMAN

North Battleford

Beneath that quiet looking exterior there is an impish spirit.

HILDEGARDE BOSCHER

St. Gregor

To strive, to seek, to find, and to achieve.

IRIS BROSKIE

Yorkton

Her feet that creeping slow to work, went storming out to play.



LORRAINE CHRISTOPHERSON

Weldon

Everything's coming up roses...

PHYLLIS CHAPMAN

Saskatoon

A mischievous mind hidden by a reserved manner.



FERN CORNEY

North Battleford

God made a nurse, thank God.

SYLVIA DERBOWKA

Yorkton

If Sylvia can't move the mountain, let the mountain come to Sylvia.



LOIS GILLEN

North Battleford

Some of the best things come in the smallest packages.

ELAINE GNADT

Battleford

To thine own self be true and thou canst deceive no man.



OLGA GUTIW

Cudworth

Our mocking bird - there is no one this girl won't try to mimic.

DIANE HOBERG

Leslie

What do you mean, what do I mean?



KAY FITZMAURICE

Richlea

A girl with a heart as big as she is.

KATHY GIESBRECHT

Rosthern

Slow down, Kathy, don't you know there's a speed limit down that hallway.

JEAN GUSTAUSON

Prince Albert

What do you mean get up. I haven't gone to bed yet.

PATRICIA GUTENBERG

Revenue

I am what I am, seek not to change me.



SHIRLEY HOLZMAN

Wilkie

To sleep, perchance to dream, perchance to sleep in.

DIANE KOTLAR

Wakaw

I'm going to get a Senior Rec. in the D. K.

DONNA LONGPRE

Prince Albert

It matters not what people think you are, but what you are.

RITA MC CULLOUGH

Carrot River

Liberace's prodigy, and Jack Benny's protege.



MARGARET MC KERROW

Biggar

Mischief comes by the pound and goes away by the ounce.

DIANE MC WATTERS

Milden

She leaves this institution, only to enter another -marriage.



JEAN MC DIARMID

Dinsmore

Tells numerous stories in 3-D, drama, detail and demonstration.

MONA MC GRATH

Dodsland

Be ye perfect, even in little things.



ELSIE MAGNUS

Luseland

Thou has one aim, one business, one desire.

SYLVIA MANCHUR

Daphne

Silence is a true friend that never betrays.

EVELEEN MANN

Lloydminster

There is gold in the quiet stream of her personality.

ARLENE METHERELL

Lashburn

All I want is to have every weekend off, and a ride to Edmonton.



EDNA NORTHRIDGE

St. Walberg

St. Patrick's girl - naturally green is her favourite colour.

JUDITH O'GRADY

Allan

Another Irish colleen who wears the key to her future on her left hand.



SIMONNE PERRON

Spalding

In her we find nothing false or insincere,
All is straight - forward and springs from the heart.

ELIZABETH PUYPE

Dinsmore

She's taking a special interest in medicine.





REATHA REIMER

Saskatoon

An angel who hides her halo.

ROLLANDE RICHARD

Delmas

Gee, I've got to diet, no, I'm going to exercise, ah heck, let's eat.

MARY RIES

Outlook

Some people think the world was made for fun and frolic, and so do I.

ELIZABETH ROESCH

Handel

In her head wisdom lies, and genuine friendship in her eyes.



JOAN SCHERMAN

Handel

Never do today what you can put off till tomorrow.

LYNNE SCRUBY

Saskatoon

A rose by any other name is still a rose.

BERNICE STONECHILD

Lebret

Don't let that demure manner fool you, She has mischief on her mind.

SYLVIA TROST

Saskatoon

She speaketh not, and yet there lies a conversation in her eyes.



JANET VOLK

Denzil

If she's ever blue, she keeps it well hidden.

VERA WALZ

Major

There are two days in the year that I never worry about - yesterday and tomorrow.



HELEN WASCHUK

North Battleford

Her ideals are high, her work is sincere.

NOREEN WEINBERGER

Fox Valley

She might have been an angel in God's choir,
but we got her first.



RUTH WYCHODZEW

Big River

Love me or leave me - but by the looks of things, they never left.

DONNA ZBITNOFF

Blaine Lake

Not overly serious, not overly gay,
A real nice girl in a quiet way.

FOR STUDENT NURSES
(With apologies to Rudyard Kipling)

If you can smile and keep a cheerful manner
Though all the time you are homesick as can be,
And wait for mail, yet see the mailbox empty,
Though you write to folks of what you learn and see
If you can help your roommate with her lessons
And all the time wishing you were out.
And practice patience - such a pleasing virtue
Although you feel you'd so much rather shout.

If you can learn to hold your tongue with speaking
About doctors, teachers, nurses, too,
But rather tell the better virtues in them
Remembering the wrongs you sometimes do.
If you can learn to like each person near you
Or at least to tolerate their funny ways
If you can learn to keep on smiling, ever smiling,
And where it doesn't hurt give praise.

If you can come in late some Sunday evening
And feel so tired - you can't remember when
And when you find your bed short-sheeted
You simply strip and make it up again.
If you can learn to sacrifice a weekend
Because you know there is still work you must do,
Or, when you think you are treated so unjustly,
Keep back your tears for just your bed and you.

When all the troubles of the world confront you
And yet the uniform and cap you don
And go on duty smiling, ever smiling,
Remembering that the show must carry on.
If you can learn to do these things and worse
And still love these years of helping, learning,
CONGRATULATIONS - you are a student nurse.

"ANONYMOUS"

MY CAP

It's only a piece of white muslin
Perched on top of my head,
Its value to some may mean nothing,
To me it's a symbol instead.
A symbol of hope, cheer, and comfort,
To those who are suffering and ill,
It gives me strength unbelieving
My work to perform with a will!
Sometimes I am discouraged, disheartened,
My tasks seem so hopeless to me,
My cap seems to speak of a promise
Of things I so want to be!
No jewels adorn its wide brim,
So simple and plain is its line-
Treat it with reverence and honor,
For there's only one cap of its kind!

Author Unknown





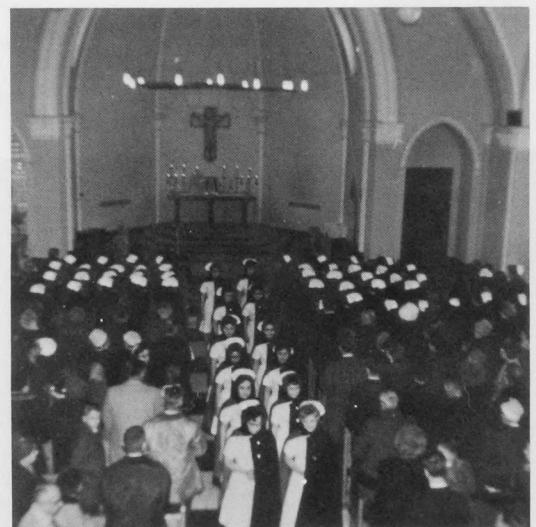
CAPPING



MEMORIES



**FEBRUARY 23, 1963
ST. MARY'S CHURCH,
SASKATOON**





LUCILLE ADAMS

Wilkie

Our pint sized "Adam" bomb.

LYNN ALEXANDER

Tisdale

I feel it's all wrong, but I can't tell you why.

DONNA ANHORN

Penzance

I could have danced all night if only I had gotten my overnight signed.

MARIA BAYET

Palo

So let me troll a jolly air,
Come what may tomorrow.



JEANETTE BERTRAND

St. Walberg

Only the good die young, so why worry.

GEORGETTE BLAIS

Delmas

Don't let her quiet, demure manner fool you.

BRIGIT BORAS

Saskatoon

Why can I never seem to make it to class without panting.

ANN CHESTER

Prince Albert

Study period over? I guess I must have dozed off.



CAROLINE CHRISTOPHERSON

Weldon

She's tall and a friend of all.

CONSTANCE DELAINY

Saskatoon

Why I've got brains, I haven't even used yet.

ELAINE EATON

The world's alright;
Serene I sit and joy that I am part of it.

PHYLLIS FILIPOWICH

She's quiet, reserved, and lots of fun.
She'll lend a hand to anyone.

Sinnett

Yorkton



SHARON GOLEM

Wakes up rarin' to go (back to bed).

ELAINE HOBMAN

Elaine has a lot of expenses, but she also has an extra "Bill".

Shaunavon

Lockwood



MARIANNE JUNK

Well, what I really mean is ah---well---ah.

JANICE KARGUT

I haven't slept for so many days that I just want to close my eyes in weariness.

Annaheim

Saskatoon



MARGORIE JACKSON

Strongfield

A wee pert Miss on the go,
Soft spoken, sweet, and nice to know.

DIANE JENSEN

Saskatoon

Smile and the world smiles with you.



DORIS KLEINE

Rosthern

The noise in her corner is just her halo rattling.

BERNICE KUCHELYMA

Kuroki

She is quiet, rather shy, with mischief gleaming in her eye.

JANET KULAK

Rose Valley

Short and sweet.
'Tis her smile that speaks.

FRANCINE KUSCH

Domremy

Diligence is the mother of good fortune.



MADELEINE LAMONTAGNE

Prince Albert

All great women are dying. I feel a little sick today.

JOSE PHINE LEJAN

Nipawin

Sighed and looked and sighed again.

LUCILLE LENZEN

Davidson

She is the artist in our midst.

LUCY LIPKA

Wadena

Laughter makes the heart grow fonder.



LYNN MC NAMEE

Kelvington

Saskatoon hasn't been the same since Lynn arrived.

DONNA MAC LEOD

Evesham

Won't someone believe I entertain serious thoughts -- sometimes.



ELAINE NOBLE

Oh, it's just to see my John, before he's called away again.

ANGELINE NOWAKOWSKI

Work and worry have killed many a girl,
So why should I take a chance.

Kyle

Yorkton



CHRISTINE ROCHER

You don't have to be crazy to like work, but it sure helps.

JUNE ROSE

Oh! To rest my fogged brain now and then.

St. Brieux

Hudson Bay



ELAINE SAUNDERS

Pert and sweet, this lass can't be beat.

CAROL SCHMIDTZ

Why be out of mischief when you can be in it.

Saskatoon

Pilger



ANN SABO

Why should we toil along?
In fact why should we toil at all.

DIANE SAUNDERS

To do or not to do --
Oh, why bother.

Pleasant Dale

Milden



MARLENE SCHULTZ

Saskatoon

They say she's quiet, but who skins her ankles, knees, hands, and who broke their glasses?

SANDRA SCHWEIGERT

Saskatoon

If silence is golden, Sandra is broke.

ANN SHEWCHUK

Blaine Lake

I not only use all the brains I have, but all I can borrow too.

CLAUDETTE SIMONEAU

Mistatim

The size doesn't account for what a person can do: Napoleon was only five foot two.



FAYE TURNER

Springwater

Her eyes look innocent, but we know different.

CAROLINE YUZAK

Alvena

My mind is made up--don't confuse it with facts.



CONNIE ZALUSKI

Mozart

When I feel like exercising I just lie down until the feeling goes away.



SHARON SMITH-WINDSOR

Saskatoon

As nice a girl as ever trod on shoes of leather.

DIANE SPAETH

Surbiton

To avoid criticism - do nothing, say nothing and be nothing.



"A JUNIOR'S PRAYER"

Now I shall lay me down to sleep,
With all my homework in a heap.
If I should die before I wake,
I have but one request to make.

Put my Med-Surg. in my hand
Tell Miss Woloschuk I didn't understand,
Put my Obstetrics book at my feet
Tell Mrs. Arner it's got me beat.

Put my Nursing Arts on my chest
Tell Miss McKenzie I did my best,
Put My Gynecology by my side
And tell Miss Sherwood I'm glad I died.

Anonymous

PROBIE



Into each life some rain must fall, --- usually on your day off.

OR, first week: "You asked for a local anesthetic, Doctor, but the label says it was made in Rochester."

Best Wishes To The
Graduating Class Are Extended

from

THE QUAKER OATS COMPANY OF CANADA LTD.

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Saskatoon

ST. PAUL'S STUDENT NURSES' ASSOCIATION



VICE-PRESIDENT
L. Lacoursiere



PRESIDENT
M. Smith-Windsor



2ND VICE-PRESIDENT
L. Christopherson



SECRETARY
R. DeBoice



TREASURER
L. Gillen

FROM THE PRESIDENT

Another school year draws to a close, and with it we end our duties as members of the Student Council. Our three years at St. Paul's have been greatly enriched by our experience as members of the Student Council, and we are grateful to have had this opportunity. It has been gratifying, indeed, to have the co-operation of every student, for without the effort of each individual, this year could not have been a success.

I wish to express a very special thank you to Sr. Quintal for her tireless guidance and support.

To the new executive - Congratulations, and may success be yours in the coming year.

PRESIDENT

Marion Smith-Windsor

MARY'S SOCIETY OF NURSES



JEAN CALLAGHAN

1962-63 has again been a successful year for Mary's Society of Nurses thanks to our very capable leader Father Ogle and the co-operation which we received from the members throughout the year.

Our spiritual wants were met by our spiritual programs each month: special devotions in honor of our Lady; our annual retreat; day of recollection and preparation for Christmas with Advent Wreath ceremonies; also our preparation for Easter which included a special effort to offer prayer and penance during the lenten season.

Our Social events were very successful, especially our Garnet and Gold Formal held on January 25.

To the new executive in 1963-64 I wish the very best and may you find your year a successful one, keeping in mind our motto "We conquer through Mary".

Jean Callaghan,
President.

Executive, Mary's Society of Nurses:

President:	Jean Callaghan
Vice President:	Lucille Haskewich
Secretary:	Patricia Gutenberg
Treasurer:	Kay Fitzmaurice

SODALITY OF OUR LADY



PATRICIA GUTENBERG

"All life is formed of small things,
Little leaves make up the trees,
Many tiny drops of water
Blending make the mighty seas."

From this excerpt can be drawn an analogy to the functions of the Sodality of Our Lady. Examples from the life of its members demonstrate the Sodality's motto "To Christ through Mary". Daily she consecrates herself to God's Divine Son, Jesus Christ, and asks Our Lady to watch over and guide her through the day. As the Sodalist receives Communion thoughts of family, patients, and others come to her mind. "Dear Lord" she prays, "Bless and help all of them today and everyday of their lives."

Before each day is underway, the Sodalist says the acts of Faith, Hope and Charity in order to strengthen and refresh her knowledge of Life's purpose. While carrying out the various duties of a Student Nurse she finds moments to say ejaculations which help her remain close to Our Lord and His Mother. Before retiring, the Sodalist has time to set aside for the recitation of the Rosary.

The most memorable annual affair in her life as a Sodalist is the Retreat. During this time hearts are filled with love in knowing God a little better. "The composite of all the things blending, tend to make one all-inspiring treasure for Our Lord."

May I take this opportunity on behalf of the Sodalists to offer our sincere thanks to our director and chaplain, Rev. Robert J. Ogle. To live the life of a true Sodalist requires guidance, direction, and encouragement, all of which have been given to us unhesitatingly and constantly.

Patricia Gutenberg,
Sodality Prefect.

Sodality Executive:

Prefect: Patricia Gutenberg
Secretary-Treasurer: Simonne Perron

NURSES' CHRISTIAN FELLOWSHIP



Executive:

President Elsie Magnus
Vice President Fern Corney
Secretary-treasurer Sylvia Manchur
Social Committee Lorraine Christopherson
Bible Study Hazel Hamm
Past Executive Member .. Elsie Wolfe

As needs for the physical body of a patient must be met, so his spiritual needs must have attention. In that regard, the spiritual needs of a nurse need tending.

N. C. F., an interdenominational group and a branch of the Inter Varsity Christian Fellowship, has purposed to meet these needs in stressing the importance of prayer and studying the scriptures. Though this was the main item of our year's programme, times of gaiety--our social activities, have been features of this past year. Voices ringing with laughter tell that our skating parties, home parties and spring banquet have been enjoyed by all.

Our motto is "To Know Christ and to make Him Known"--we would wish to be channels through which God's love could flow in service to our fellow man.

V. Sawatsky





**ST. PAUL'S
SCHOOL OF NURSING
GLEE CLUB**

**DIRECTED BY
MR. U.A. DONLEVY**

AUTOGRAPHS



QUEEN AND HER ATTENDANTS



JUNIOR GLEE CLUB



CAPPING



SOFTBALL SEASON

SEPTEMBER

The beginning of another school year! All awaited the arrival of the new class to whom we were formally introduced at the Welcome Party. Then with renewed resolutions we all tackled the challenges and responsibilities of the new term. Our Whitecap Dance was the first of numerous social events of the new school year.

OCTOBER

With October came our annual Retreat. Fathers Galbraith and Coyne helped us to renew the spirit of Christ in our work and lives.

Also very fitting for this month was our monthly dance with a 'Pumpkin's Paradise' theme.

NOVEMBER

It wouldn't be November at St. Paul's without a St. Cecelia Concert. The students displayed remarkable musical talent and were supplemented by guest artists.

DECEMBER

The students' talents were again displayed at the Christmas Concert. This time it was the Juniors in their presentation of 'The Birth of a Song'. Christmas would not be complete without carols and so the students, each carrying a glowing candle, caroled throughout the hospital on Christmas Eve.

JANUARY

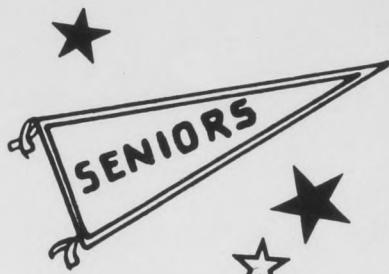
This was the month of the annual Garnet and Gold Formal. Veronica Klukevich of the third year class was crowned School Queen with Lorraine Christopherson and Marjorie Jackson, second and first year respectively, as her princesses.



'THE BIRTH OF A SONG'



PRESENTATION OF FAREWELL GIFT
TO SR. QUINTAL



FEBRUARY

A month of great anticipation! For this is the month in which the preliminary students receive their caps and the intermediates their half-way pins.

Music, laughter, and gaiety. This time at the Mardi Gras Dance.

MARCH

March was election month. Campaigning was carried on in a very enthusiastic fashion and the voting in a very democratic manner.

APRIL

With the students as models our Fashion Show was very well done. Included also was a novelty booth where nurse dolls, home baking and handicrafts were sold.

The intermediate students did something different this month in their Car Wash and Gas Day. Many of the shiny city cars could attribute their gleam to the efforts of the students.

MAY

Graduation - the big month for our seniors! All the study and hard work was repaid in the magnificence of graduation.

The May procession and crowning of Our Blessed Mother was held outdoors at the Grotto.

This year the S.S.N.A. Convention was held at St. Paul's.

May was also a month of farewell as we extended our best wishes to dear Sister Quintal who has been director of our school for the past eight years.

JUNE

Senior review this month and once more the softball season is in full swing.



FASHION SHOW



SISTERS... NOWAKOWSKI —
CHRISTOPHERSON — SMITH-WINDSOR

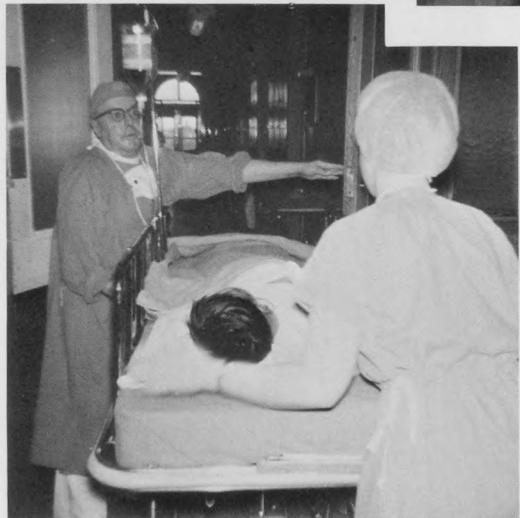
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Specialists in their fields.
Drs. Upthegrove,
Baltzan and Leddy.



"A stitch in time, saves nine"



Obstetrics



Terry's tender touch



"Hush Baby Bunting"



Fun?



Faculty Get-together



"----and he is 19 1/2 inches in length"



"Oh---Is that so!"



Entrez!



Joke -- number 49.

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Saskatoon, Saskatchewan

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HICKSON & MORGAN ELECTRIC

Avenue F and 20th Street

Saskatoon, Saskatchewan



I'm Santa. Who are you?



"Stompin' Thru' the Tulips."



Oh! But I look so horrible.

Congratulations Graduates!

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Saskatoon, Saskatchewan



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G. ROBERT STACEY, Manager



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FORMALS

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Saskatoon

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I'm helplessly trapped.



Peek - a - boo.



Oh! Food from home.



Another Graduation
uniform is fitted.

Congratulations

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SHOES ON THE HOSPITAL FLOOR

STERLING
shoes

STORES THROUGHOUT THE WEST

TO THE GRADUATES OF 1963

Congratulations and Best Wishes

for your continued

SUCCESS

BIRKS JEWELLERS

SASKATOON



Welcome to the editor's corner.



Remember? How could we forget!

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Prince Albert, Saskatchewan



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I bet you thought I'd know what to do.



Christmas morning.

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Sir William Osler

With the best wishes of



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Tray time again.



3A Class meeting.



Chow time!



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Oh! mother mine.



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NARROW
STORE
WITH
THE
WIDE
APPEAL

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Vacation? Moving? Leaving?



Cha-Cha-Cha!!



"Where's my Nurse?"



Visiting the sick.



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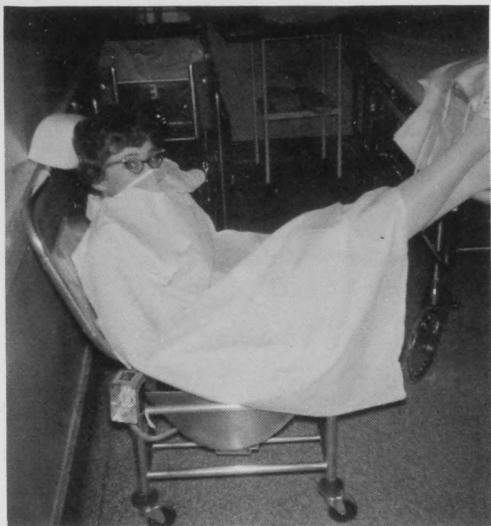
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In Your Chosen Career



You're supposed to knock!



Do you really think
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The gentleness and aptness born of love"*



